

Alcohol & Marijuana discussion use among LGBTQ youth:

- The fact that young people aren't aware of the dangers of alcohol is shocking.
- Marijuana is more accessible, but more expensive
 - There is a safety effect now that it's legalized because one must go into a shop to get it.
- Brain development- the brain doesn't fully develop until around 25 years of age.
- How does it affect families when youth use alcohol or other substances?

Watched a short video clip on alcohol & substances and brain development:

<https://www.youtube.com/watch?v=IYi4H5ZaXqA>

- Video shows supportive family with a youth who has been addicted to substances.
- Discussion after video: what about youth who don't have supportive parents?
- How can we build support in our community to youth?
- Provide substance free events for youth in the community
- One school representative mentioned their site had an issue with Xanax and edibles. The supplier was over 18 years old and would get the students to sell it.
- Saw more younger folks participating (9th & 10th grade).
- Students who were selling got expelled

Mapped SPA 4, identified:

- Very diverse community
- Lots of hot spots with marijuana and alcohol
- Discussed professionalism & the "I need one drink to socialize"
- How to make people feel comfortable without alcohol?
- Alcohol is prevalent in our community—like a rite of passage.
- At events rather than having the bar, have name tags or an icebreaker so people can get comfortable networking.

Ideas to keep access from youth at social events:

- Talk with event staff that even with bracelets, if someone looks young ask them to see ID anyway
- Make people aware when they put a wristband on they may be asked to see ID again
- Have a drink maximum when there's an open bar